

NIH Clinical Center Data Report

2019

Report on 2018 Activities



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About the NIH Clinical Center

The Clinical Center is the research hospital at the National Institutes of Health (NIH) campus in Bethesda, Md. Since the hospital's opening in 1953, NIH scientists have worked with volunteer patients to create medical innovations.

Some of the Clinical Center's successes include pioneering the cure of cancerous solid tumors with chemotherapy; the use of nitroglycerin to treat heart attacks; identifying a genetic component in schizophrenia; conducting the first successful replacement of a mitral valve to treat heart disease; and the creation of blood tests to identify both Acquired Immune Deficiency Syndrome (AIDS) and hepatitis.

These and other research concepts forged by the Clinical Center have been adopted as standard practice in medical treatment throughout the world. The rapid translation of scientific observations and laboratory discoveries into new approaches for diagnosing, treating and preventing disease have improved and saved countless lives.

The Clinical Center has been a leader in the "bench-to-bedside" concept. Its specialized hospital design places patient care units in close proximity to research laboratories. This model facilitates interaction and collaboration among clinical researchers. The Clinical Center also offers world-class training in clinical research for physicians, dentists, nurses, medical students and

other members of the medical research team. This environment, offering access to the most advanced techniques, equipment and ideas, attracts a global network of scientists.

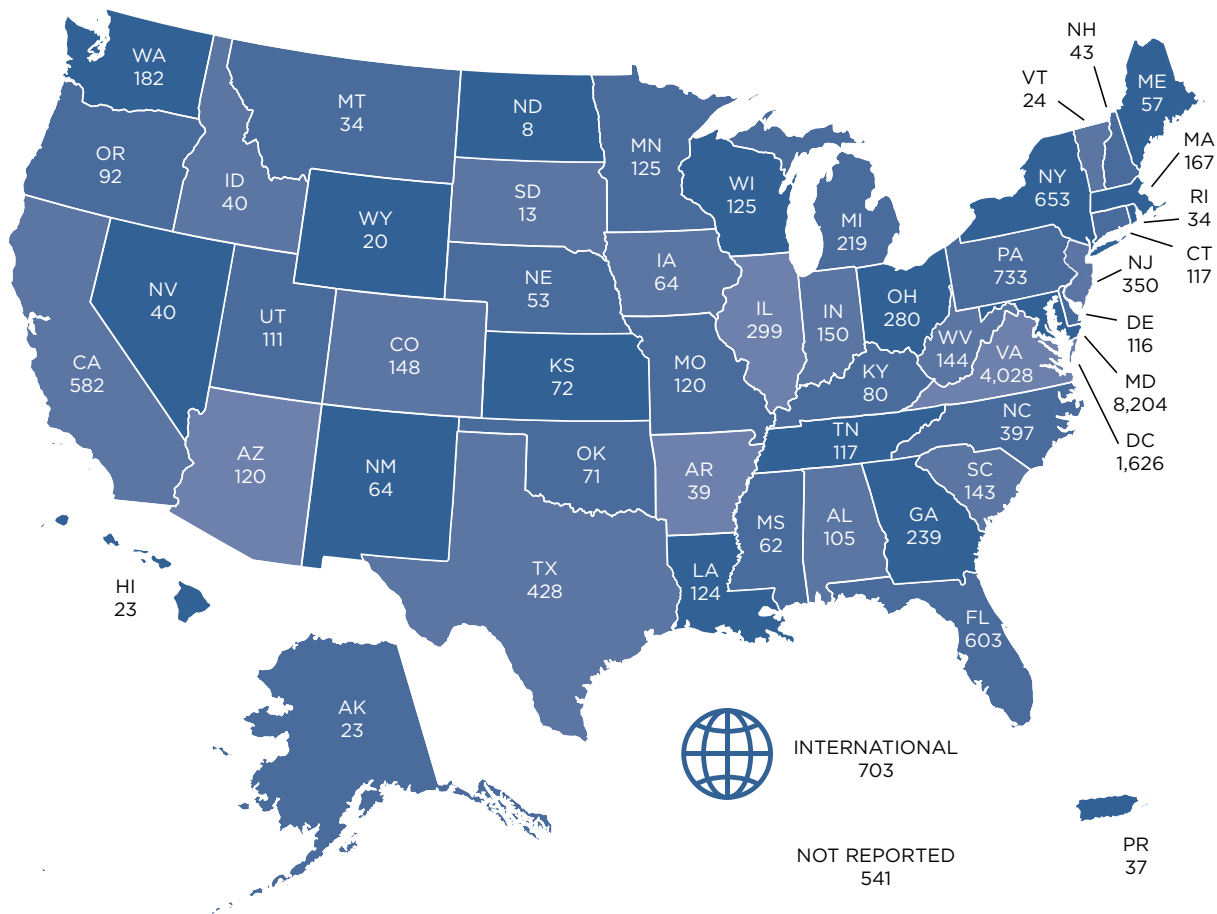
The Mark O. Hatfield Clinical Research Center, which opened in 2005, adjoins the original Warren G. Magnuson Clinical Center, built in 1953. The hospital has 200 inpatient beds, 11 operating rooms, 82 day hospital stations, critical care services and research labs, an ambulatory care research facility and a complex array of imaging services. The Clinical Center's infrastructure allows for isolation capabilities for infection control while patients participate in clinical research studies.

Patients at the Clinical Center consent to participate in research studies, also called protocols, and are treated without charge. Admission is selective: only those patients who have a medical condition being studied by NIH Institutes or Centers and who meet the specific inclusion criteria can enroll in the studies. About 1,600 clinical research studies are underway at the Clinical Center, including those focused on cancer, infectious diseases, blood disorders, heart disease, lung disease, alcoholism and drug abuse.

Over half a million patients from all 50 states, and countries around the world, have participated in clinical research at the Clinical Center.

NIH Clinical Center Patient Data

Home States of All Active Clinical Center Patients – 2018

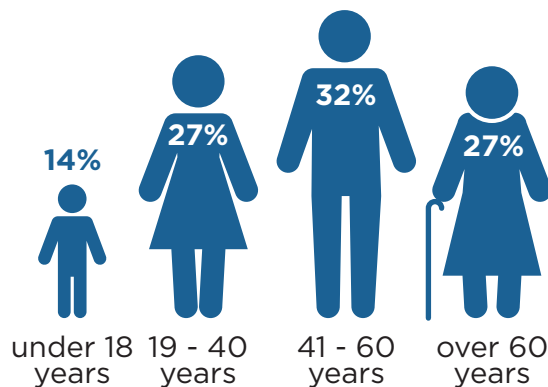


Patient Demographics

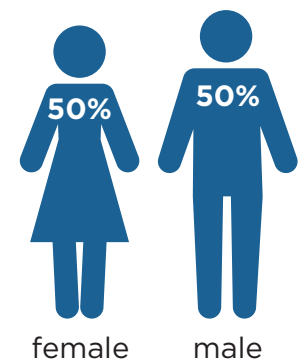
Distribution of Clinical Center Patients by Self-Identified Race

Race	Percent
White	64%
Black/African American	17%
Not Reported	8%
Asian	7%
Multiple	3%
American Indian/Alaskan	<1%
Hawaiian/Pacific Islander	<1%

Age Distribution of Clinical Center Patients



Gender Breakdown of Clinical Center Patients



Demographic information is based on 22,992 patients seen in the Clinical Center in the 2018 fiscal year.

Key Facts and Figures

2018 Workforce Distribution

The Clinical Center has a workforce of 1,890 permanent federal employees.

44%

Nursing and patient care/support services - 837



39%

Clinical and imaging sciences departments - 732



11%

Operations - 209



6%

Administration - 112



All workforce figures from October 1, 2018.

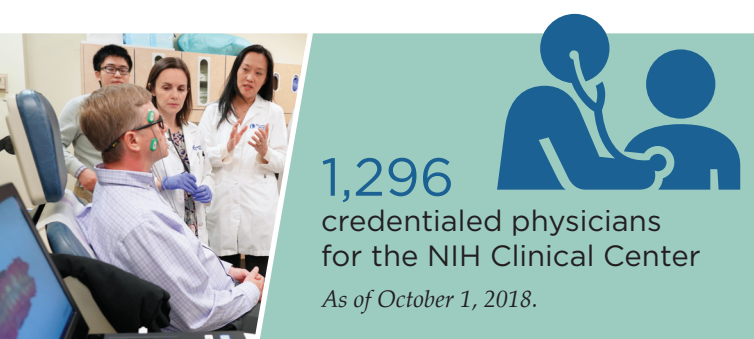
2018 Budget by Major Category

Clinical Center Budgets by Major Category for Fiscal Year 2018 (\$499.2 Million)

Category	Percent	FY16 Budget
Salaries & Benefits	53.9%	268,949,603
Medications	10.7%	53,625,773
Contracts-Non Labor	9.7%	48,375,325
Contracts-Labor	7.6%	37,756,529
Assessments	6.5%	32,372,172
Supplies	6.1%	30,658,261
Equipment	4%	20,136,975
All Other	1.5%	7,365,262
TOTAL		499,239,900

Note: Non labor contracts include travel, maintenance agreements, training and other similar expenses. The all other category includes travel, maintenance agreements and training.

All budget figures from October 1, 2018.



1,296

credentialed physicians for the NIH Clinical Center

As of October 1, 2018.



Patient Activity 2016-2018

	2016	2017	2018
Admissions	5,275	4,563	4,531
New patients	10,498	9,791	9,755
Inpatient days	46,388	40,707	41,579
Average length of stay (days)	8.7	8.8	8.9
Outpatient visits	100,148	92,329	95,220

Clinical Research Activity 2014–2018

	2014	2015	2016	2017	2018
Active Onsite Protocols	1,611	1,633	1,636	1,631	1,585
New Onsite Protocols	168	171	136	141	141
Principal Investigators	499	495	495	506	518

2018 Active Onsite Protocols (by type)	Percent	
Interventional/Clinical Trials	49%	779
Natural History	45%	717
Screening	4%	64
Training	2%	25
TOTAL		1,585



Clinical Trials by Research Type

791

Onsite Intramural Protocols



Total Active Onsite Clinical Trials	Percent	
Phase 1 (toxicity)	34%	262
Phase 2 (activity)	60%	468
Phase 3 (efficacy)	5%	39
Phase 4 (safety)	1%	10
TOTAL		779

Clinical Trial Phases

Phase 1: Researchers test a new drug or treatment for the first time in a small group of people (20–80) to evaluate its safety, determine a safe dosage range and identify side effects.

Phase 2: The study drug or treatment is given to a larger group of people (100–300) to see if it is effective and to further evaluate its safety.

Phase 3: The study drug or treatment is given to large groups of people (3,000 or more) to confirm its effectiveness, monitor side effects, compare it with commonly used treatments and collect information that will ensure safe usage.

Phase 4: These studies are undertaken after the drug or treatment has been marketed. Researchers continue to collect information about the effect of the drug or treatment in various populations and to determine any side effects from long-term use.

NIH Clinical Center Research Hospital Board



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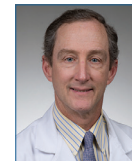
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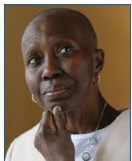
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National Institutes
of Health
Clinical Center

Established in 2016, the National Institutes of Health (NIH) Clinical Center Research Hospital Board provides advice and recommendations to the NIH Director on the NIH Clinical Center's policies and procedures regarding hospital operations, safety, quality and regulatory compliance.

Using leading institutions in health care and research as benchmarks, the Board will provide advice in the following areas:

- Management, quality, safety and compliance of hospital operations
- Policies and organizational approaches that promote quality and safety

- Risk areas that need to be addressed by hospital and agency leadership
- Implementation of policies and strategic plans
- Requirements for hospital leadership
- Performance of the CEO including evaluation based on operating plans and quality metrics

The duties of the Board are solely advisory and shall extend only to the submission of advice and recommendations to the NIH Director and CEO of the NIH Clinical Center, which will be non-binding to the NIH.

More information: ccrhhb.od.nih.gov/charter.html

National Institutes of Health Institutes and Centers

National Cancer Institute (NCI)

National Eye Institute (NEI)

National Heart, Lung, and
Blood Institute (NHLBI)

National Human Genome
Research Institute (NHGRI)

National Institute
on Aging (NIA)

National Institute on Alcohol
Abuse and Alcoholism (NIAAA)

National Institute of Allergy
and Infectious Diseases (NIAID)

National Institute of Arthritis
and Musculoskeletal and Skin
Diseases (NIAMS)

National Institute of Biomedical
Imaging and Bioengineering
(NIBIB)

Eunice Kennedy Shriver
National Institute of
Child Health and Human
Development (NICHD)

National Institute on Deafness
and Other Communication
Disorders (NIDCD)

National Institute of
Dental and Craniofacial
Research (NIDCR)

National Institute of Diabetes
and Digestive and Kidney
Diseases (NIDDK)

National Institute on
Drug Abuse (NIDA)

National Institute of
Environmental Health
Sciences (NIEHS)

National Institute of General
Medical Sciences (NIGMS)

National Institute of Mental
Health (NIMH)

National Institute on
Minority Health and Health
Disparities (NIMHD)

National Institute of
Neurological Disorders
and Stroke (NINDS)

National Institute of Nursing
Research (NINR)

National Library of
Medicine (NLM)

Center for Information
Technology (CIT)

Center for Scientific
Review (CSR)

John E. Fogarty International
Center for Advanced Study in
the Health Sciences (FIC)

National Center for
Complementary and Integrative
Health (NCCIH)

National Center for Advancing
Translational Sciences (NCATS)

NIH Clinical Center (CC)

Mission Statement

We provide hope through pioneering clinical research to improve human health.

Guiding Principles

- Individual and collective passion for high reliability in the safe delivery of patient-centric care in a clinical research environment.
- Excellence in clinical scientific discovery and application
- Compassion for our patients, their families and one another
- Diversity and inclusion for both people and ideas
- Innovation in both preventing and solving problems
- Accountability for optimal use of all resources
- Commitment to professional growth and development

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This report is produced by the NIH Clinical Center Office of Communications and Media Relations and features highlights of the operations of the hospital.

For full details about the NIH Clinical Center's operations, please visit clinicalcenter.nih.gov



National Institutes of Health
Clinical Center

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